



RACH BUILDING NURSE CAPACITY PILOT MARCH 2025- JUNE 2026

WHO WE ARE?

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WHAT WE DO?

With over two decades of primary care clinical and management expertise, we are passionate about improving the health of our nation and creating high value impact. We have national projects including:- Nurse led clinics, RACH updates, RACH workshops for recognising a deteriorating resident, GP Aged Care Incentive, Coaching and creation of 20 modules for the ACQSC:- Better Lives For Residents through Innovative Education. Our latest project delves into the building Nurse Capacity in Aged Care with expertise from the specialist education geriatrician team Aria health.

WHY BE INVOLVED?

Program offers your team access to :-

- 1:1 coaching support to upskill your nurses for the duration of the pilot
- Self paced and unlimited access to curated short videos 5-10 minute education for all of your staff and agency staff:-
 - Advance Care Planning
 - Advance Care Directives
 - Deteriorating Resident Triage Tool
 - Palliative Care
 - Telehealth
 - My Health Record
- Involvement in quarterly community of practices with peers and Primary Care General practice sites
- Opportunity to learn and grow your teams capacity to care for your residents in a supported environment



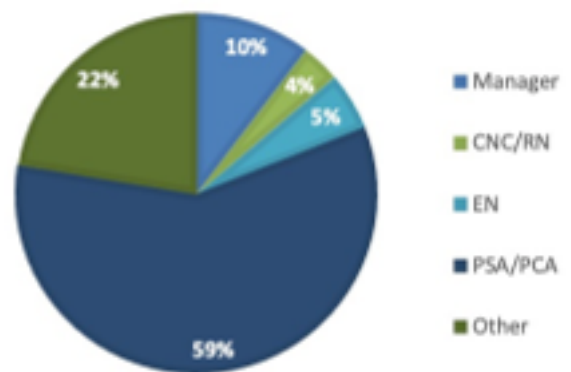
RAC Staff Survey Results

In December 2024 residential aged care staff in the Healthy North Coast region were asked about education and advance care planning. This is what we learned.



WHO was surveyed?

- 53 people completed survey
- Most were women (86%)
- Average age was 47 years
- Over half were PCA/PSAs



Respondent roles

HOW do you learn?

- Most (83%) use online learning
- More (66%) do online learning at home than at work (64%)
- Around half (44%) spend over 3 hrs per month on education

"Face to face"
"Case examples"
"Group discussion"
Some respondent preferences

WHAT are your preferences?

- Strong preference for short videos, 5 to 20 mins (86%)
- Around half want both online and paper written information
- Long videos (over 20 mins) were not popular



Advance Care Planning

Over two thirds (69%) felt confident explaining ACP

WHAT NEXT?

We will design a learning package based on these findings

Email jesse@ariahealth.com.au with questions